

# Monday

date \_\_\_\_\_

Monday is ruled by the Moon and is a good day for peace, rest, healing, compassion, purification, fertility and spiritual awareness. It is also a good time to connect with friends.

## Today's Schedule

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## Today's Intentions

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## Today's Correspondence



## Nourish body & soul

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## Reminders

# Tuesday

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Tuesday is ruled by Mars and is a good day for cultivating physical and creative passion, stepping out of your comfort zone and taking action.

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## Today's Intentions

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## Today's Correspondence



## Nourish body & soul

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## Reminders

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# Wednesday

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Wednesday is ruled by the planet Mercury and is a good day for seeking knowledge, honing your skills and exploring new ideas. It is also a good day for travel.

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## Today's Intentions

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## Today's Correspondence



## Nourish body & soul

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## Reminders

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# Thursday

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Thursday is ruled by the planet Jupiter and is a good day for expanding your horizons, focusing on financial prosperity, giving to others, creating a budget and setting financial goals for yourself.

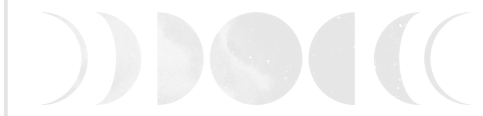
## Today's Schedule

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## Today's Intentions

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## Today's Correspondence



## Nourish body & soul

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## Reminders

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# Friday

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Friday is ruled by the planet Venus and is a good day for focusing on love and friendship. It is also a good day for focusing on your inner and outer beauty.

## Today's Schedule

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## Today's Intentions

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## Today's Correspondence



## Nourish body & soul

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## Reminders

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# Saturday

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Saturday is ruled by the planet Saturn and is a good day to focus on your home, cleaning, getting rid of negative energy and tying up loose ends.

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## Today's Schedule

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## Today's Intentions

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## Today's Correspondence



## Nourish body & soul

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## Reminders

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# Sunday

date \_\_\_\_\_

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Sunday is ruled by the Sun and is a good day to focus on your individual spiritual path. It is also a good time to think about strength and protection for yourself and your loved ones.

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## Today's Schedule

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## Today's Intentions

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## Today's Correspondence



## Nourish body & soul

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## Reminders

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