

Imbolc

Celebration Guide



Pagan Friendly Guide to Celebrating Imbolc

About Imbolc

A lesser known pagan holiday, Imbolc falls exactly halfway between the Winter Solstice (Yule) and the Spring Equinox (Ostara). Daylight is increasing and spring is in the air. While too early for planting gardens, Imbolc was a time to start thinking about what you wanted to plant and harvest in the coming year.

Imbolc means “in the belly” and celebrates the pagan Celtic goddess Brigid, who is the goddess of inspiration and creativity, healing, smith craft and poetry. In ancient times Imbolc was celebrated as a time to reaffirm life and start thinking about the coming harvest season. As Christianity spread from Rome to northern Europe and the British Isles Imbolc was adopted as Candlemass, still celebrated on February 2.

In modern day living Imbolc and the quiet weeks post holiday season is a great time to reflect and think about where you want to go in the coming months.



IMBOLC SYMBOLS

Colors: White, Red, Pink, Black

Foods: Baked goods, winter vegetables, seeds, dried fruit, butter, milk, cheese, lamb, mutton

Stones: Amethyst, bloodstone, garnet, onyx, ruby, turquoise

Symbols: candles, cauldron, chalice, cow, sheep, swan

Flowers & Plants: Snowdrops, angelica, basil, bay laurel, celandine

Deities: Brigid (Bride), Aphrodite, Eros, Hestia

IMBOLC DINNER MENU

Appetizers

Side Dishes

Beverages

Main Entrees

Breads & Rolls

Dessert

IMBOLC POTLUCK PLANNER

Guests

Dish

IMBOLC MEAL SHOPPING LIST

Baked Goods

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Main Dishes

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Side Dishes

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Appetizers

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Beverages

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Paper Goods

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IMBOLC CELEBRATION GUIDE

IMBOLC DECORATIONS

IMBOLC ACTIVITIES

IMBOLC ALTAR

IMBOLC MOON MAGICK & INTENTION GUIDE

Imbolc falls between the Wolf Moon in January and the Snow Moon in February. It's a good time for connecting with your higher spiritual power and reflecting inward, as well as thinking about what you would like to achieve in the coming months.

MY IMBOLC INTENTIONS





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