MABON

September 21-23



MABON & THE WHEEL OF THE YEAR

Mabon is celebrated during the Autumn Equinox, between September 21st – 23rd. It is the last sabbat holiday in the Wheel of the Year.

A TIME FOR GRATITUDE

Modern Mabon celebrations are a time to give thanks for the abundance of Mother Earth – both literally and spiritually. It's also a good time to reflect on the Wheel of the Year, recognizing your successes and letting go of the things that did not serve you during the past twelve months.

MABON INTENTIONS

As the Wheel of the year comes to an end, Mabon is a good time to set intentions that involve decrease and reduction such as ending bad relationships, unhealthy habits or self destructive beliefs.

SEPTEMBER IS THE HARVEST MOON MABON IS THE SEASON OF APPLE MAGIC & FALLING LEAVES, CRISP AIR & BRIGHT BLUE SKIES

AUTUMN BEGINS

Mabon marks the official start of Autumn, when day and night are equal in length.