

WELCOMING SPRINGTIME

Welcome to your Simple Seasonal Planner, designed to help you plan some intentional (and fun) springtime activities. This time of year can be busy, so I want to help you focus on what's most important to you, without feeling overwhelmed. This planner is not just about putting events on your calendar, it offers an opportunity to slow down and be mindful about the next few months. My goal is to make it easy for you to enjoy the best parts of spring, while also taking care of tasks around your home and life.

Included in this guide are separate planners for Ostara and Beltane, spring cleaning checklists to help you tidy up your home and your life, monthly calendars for March, April and May, and a couple of journal prompts to help align your activities with your intentions.

Like all Mabon House printables, this planner is designed to be flexible. Use it as a stand alone planner or add it to your <u>Wheel of the Year planner</u> or journal.



WHAT I ENJOY MOST ABOUT SPRINGTIME

When we think about spring, so many wonderful things come to mind. From the smell of flowers blooming to the sound of birds singing, spring is a time of renewal and excitement. There's much to enjoy, like going outside, having picnics, and celebrating nature.

What do you enjoy most about springtime? It could be something simple, like watching the sunset, or something more action-oriented, like cleaning the house. Or maybe it's the fun of planting seeds and seeing them grow into plants.

On the next page, write a list of things that come to mind when you think about springtime. These could be activities, traditions, experiences, or aspects of nature that bring you joy. Once you've created your list, choose one item that stands out to you the most.

Take a few moments to reflect on why this particular aspect of springtime is meaningful to you. What memories or emotions does it evoke? How does it contribute to your overall sense of well-being and happiness?

Write a short reflection about your chosen aspect of springtime. Describe why it brings you joy, how it makes you feel, and any special memories associated with it.

Lastly, write some ideas down for how you can incorporate your favorite parts of spring into your schedule over the next three months.

WHAT I ENJOY MOST ABOUT SPRINGTIME

WHAT CHALLENGES ME IN THE SPRINGTIME?

Springtime can also bring about challenges. Spring arrives with a renewed energy in the air, but for some people this burst of energy comes a long list of things to do that can feel like a lot. There's spring cleaning, taking care of the yard, and juggling family activities like sports and clubs. You go from the quiet of winter to the hustle of springtime, almost overnight.

As you think about what you'd like to get done this spring, try to identify the challenges you might face, including any self-sabotaging (sorry, I can't think of a better word) behavior. This could be spending more money than you should on garden stuff or spring clothes, Or identifying a pattern of unrealistic expectations about what you can actually accomplish around your home for spring cleaning; O it could identifying the need to be more organized, so you can handle tasks better and not feel overwhelmed. Or perhaps you don't love springtime as much as everyone else. Many people feel down when the days get longer (insert me raising my hand).

What do you think might be some tricky parts of spring for you, based on what you'v
experienced before? How do you want to tackle these challenges this season?

MARCH

S	M	Т	W	Т	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
			Ostara			
24	25	26	27	28	29	30
31						

The Spring Equinox happens at $\,$ 3:06 UTC on March 20, 2024 (10:06 p.m. CDT on March 19)

Monthly Priorities	Notes
0	0
0	0
0	0
0	0
0	0
0	0
0	0

THE SEASON OF OSTARA

Celebrating the start of spring is an age old custom celebrated by cultures all over the world. In the Wheel of the Year Ostara, the fourth sabbat (holiday) of the year, celebrates the spring equinox, when day and night are equal. In modern day living Ostara is a good time to start taking action on the ideas and goals you started thinking about around Yule and Imbolc. What you plant during Ostara will be ready to be harvested during the coming summer months and the sabbats of Beltane, Litha and Lughnasadh.

Through activities like egg decorating, planting seeds, and enjoying outdoor gatherings, we symbolically participate in the rhythms of nature, embracing the promise of warmer days and the abundance of new beginnings.

Here are some simple activities for your Ostara celebration:

Egg Decorating: Gather some eggs and get creative with paint, markers, or natural dyes to decorate them in vibrant colors and patterns.

Planting Seeds: Take advantage of the season of growth by planting seeds in your garden or in pots indoors. Watch them sprout and grow as spring progresses.

Nature Walk: Take a walk outdoors and observe the signs of spring, such as budding trees, chirping birds, and blooming flowers. Collect some natural treasures like leaves or flowers to bring home.

Spring Cleaning: Join in the tradition of spring cleaning by tidying up your living space. Sweep away the dust, declutter, and freshen up your surroundings to welcome the new season.

Picnic: Enjoy a picnic outdoors with family or friends, soaking up the sunshine and relishing the sights and sounds of nature awakening.

Create a Nature Altar: Build a small altar or display using natural items like flowers, stones, and branches to honor the Earth's renewal and the changing of the seasons.

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OSTARA CELEBRATION PLANNER

Celebration Ideas		
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Notes		

APRIL

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8 Total Solar Eclipse	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

On April 8, 2024, a total solar eclipse will cross North America, passing over Mexico, United States, and Canada

Monthly Priorities	Notes
0	0
0	0
0	0
0	0
0	0
0	
0	0

SPRING CLEAN YOUR LIFE

HOME & GARDEN CLEANING

KITCHEN	BATHROOMS
☐ Go through pantry items and toss expired item. ☐ Wipe down countertops & kitchen appliances. ☐ Sweep or vacuum & wash kitchen floor. ☐ Take out the trash. ☐ Empty refrigerator and toss expired items. ☐ Discard mismatched or broken items	Clean and disinfect the toilet, sink, & shower/tub Wipe down bathroom surfaces. Replace used towels with clean ones. Empty bathroom trash Clean out drawers and medicine cabinets & discard expired or unused items
LIVING ROOM	BEDROOMS
 Dust surfaces like shelves, tables, and consoles Vacuum or sweep the floors Pick up and put away clutter Wash baseboards Vacuum sofa cushions & spot clean as needed 	 Change bed linens and pillowcases. Dust and wipe down bedroom furniture Vacuum or sweep bedroom floors Vacuum and clean under the bed Rotate and flip mattresses
DEEP CLEANING	OUTDOOR AREAS
 Clean windows inside and out. Clean and organize closets. Wash walls and touch up paint if necessary Check and clean air vents and filters Clean and vacuum curtains or blinds 	 Clean gutters Power wash decks or patios. Clean outdoor furniture. Clean outdoor windows and screens. Inspect for any cracks or damage. Trim and prune plants and bushes.

SPRING CLEAN YOUR LIFE

DIGITAL CLEANING

EMAIL CLEAN UP	CLEAN UP
 Unsubscribe from unnecessary mailing lists. Create folders or labels to organize emails. Delete old and irrelevant emails. Set up filters to automatically sort incoming emails. 	 Unfollow accounts that no longer interest you. Review and update privacy settings. Save uploaded from phone to cloud storage Limit third-party app permissions.
DRIVE MANAGEMENT	DIGITAL DOCUMENT ORGANIZATION
 Delete unnecessary files and folders. Organize files into folders and subfolders. Use a disk cleanup tool to free up space. Backup important files to an external storage device or cloud service. 	 Rename files with clear and descriptive names. Sort documents into folders based on topic/project. Delete outdated or irrelevant documents. Use document management software to streamline organization.
PHOTO ORGANIZATION	PASSWORD
Rename photos with meaningful names.	MANAGEMENT
Delete duplicate or similar photos. Organize photos into folders by date or event. Backup photos to a cloud storage service or external hard drive	 Update passwords for important accounts. Use a password manager to securely store and generate passwords. Delete old or unused accounts. Enable two-factor authentication for added security.

MAY

S	M	T	W	Т	F	S
			1 BELTANE	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Monthly Priorities	Notes	
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THE SEASON OF BELTANE

The word Beltane comes from Celtic Baal or Bel which means Bright One. As farmers prepared to move their livestock from winter pastures to summer grazing in the hills, they sought protection and abundance from the gods, by building fires and leading livestock through the flames on the way to the summer grazing lands. This was believed to ensure protection from harm and increase fertility of the herd.

In more practical terms these bonfires were most likely used to burn brush piles and make more room for planting and pastureland.

In the home, hearth fires were extinguished and relit with flames from the Beltane bonfires. People also walked the perimeter of their property or towns to invoke added protection over the coming year. Doorways, windows and even livestock were decorated with yellow flowers during Beltane.

Like all of the Wheel of Year sabbat celebrations, Beltane was a time for merry making and feasting. People would write a wish upon a ribbon and tie it a to a tree, in the hopes that the gods would grant them. Hawthorn, ash, thorn and sycamore trees were believed to be the best trees for making wishes.



THE SEASON OF BELTANE

Here are some simple activities for your Beltane celebration:

Maypole Dancing: Gather friends and family to dance around a maypole, wrapping colorful ribbons around it in a joyful celebration of spring and fertility.

Flower Crown Making: Get creative by making flower crowns using fresh flowers and greenery, symbolizing the beauty and abundance of the season.

Bonfire Lighting: Light a bonfire outdoors (safely!) and gather around it to enjoy the warmth and energy of the flames, while sharing stories and laughter with loved ones.

Outdoor Feast: Have a festive outdoor feast with seasonal foods like fruits, vegetables, and grilled dishes, celebrating the bounty of nature and the coming of warmer days.

Nature Walk and Offering: Take a walk in nature to appreciate the vibrant colors and fragrances of spring. Bring offerings such as flowers, herbs, or small tokens to leave as a gift to the earth.

Love Spell Jar Crafting: Create love spell jars using herbs, flowers, and other natural ingredients, focusing on intentions of love, passion, and connection during this romantic time of year.

Beltane Altar Decoration: Decorate a small altar with symbols of Beltane, such as flowers, ribbons, and candles, to honor the season's themes of fertility, love, and growth.

May Day Basket Making: Make May Day baskets filled with flowers or treats to give to friends, neighbors, or loved ones as a gesture of friendship and goodwill.



BELTANE CELEBRATION PLANNER

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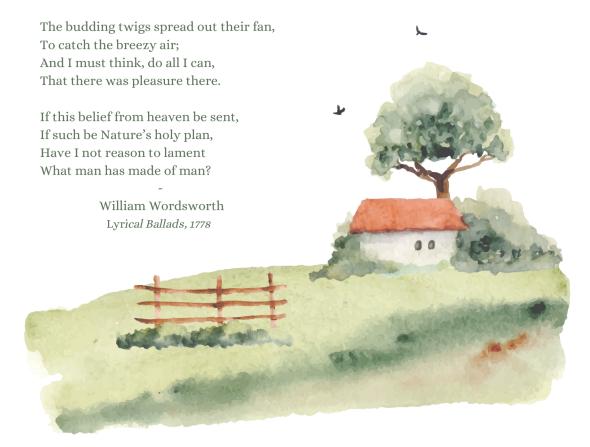
Lines Written in Early Spring

I heard a thousand blended notes, While in a grove I sate reclined, In that sweet mood when pleasant thoughts Bring sad thoughts to the mind.

To her fair works did Nature link The human soul that through me ran; And much it grieved my heart to think What man has made of man.

Through primrose tufts, in that green bower, The periwinkle trailed its wreaths; And 'tis my faith that every flower Enjoys the air it breathes.

The birds around me hopped and played, Their thoughts I cannot measure:— But the least motion which they made It seemed a thrill of pleasure.



NOTES



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Lines Written in Early Spring by William Wordsworth, provided via The Poetry Foundation

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**In the process of creating this printable, I utilized ChatGPT, a language model developed by OpenAI. ChatGPT provided assistance in generating content and refining ideas.