

WELCOMING SPRINGTIME

Welcome to your Simple Seasonal Planner. This planner is here to help you plan your Ostara and Beltane celebrations during the exciting springtime. But it's not just about putting events on your calendar. We know spring can be busy, so we want to help you focus on what's most important without feeling overwhelmed. This planner is all about being thoughtful and intentional in how you plan for spring. Our goal is to make it easy for you to enjoy the best parts of spring, whether that's spending time outside, connecting with friends and family, or taking a moment to think about what makes you happy. Let's dive in together and make your spring plans simple and enjoyable!

Inside this guide, you'll find everything you need to make the most of the spring season. We've included separate planners for Ostara and Beltane, packed with ideas and activities to celebrate these special occasions. Additionally, you'll discover spring cleaning checklists to help you tidy up your home and your life, making space for new beginnings. Dive into intentional living exercises designed to encourage mindfulness and gratitude as you navigate through this rejuvenating time of year. Plus, we've provided monthly calendars to help you stay organized and a dedicated notes page for jotting down any thoughts or inspirations that come your way. With these tools at your fingertips, you'll be well-equipped to embrace the joys of spring and make the most of this vibrant season. Let's embark on this journey together and celebrate the beauty of springtime!

WHAT I ENJOY MOST ABOUT SPRINGTIME

When we think about spring, so many wonderful things come to mind. From the smell of flowers blooming to the sound of birds singing, spring is a time of renewal and excitement. There's so much to enjoy, like going outside, having picnics, and celebrating nature. But sometimes, one thing stands out the most. It could be something simple, like watching the sunset, or something more productive, like cleaning the house. Or maybe it's the fun of planting seeds and seeing them grow into plants. Whatever it is, this special part of spring makes us feel really happy and brings back great memories. So, let's take a moment to think about why it makes us happy, how it makes us feel, and all the good times we've had because of it. By reflecting on these things, we'll appreciate spring even more and feel grateful for the happiness it brings us.

On the next page, write a list of things that come to mind when you think about springtime. These could be activities, traditions, experiences, or aspects of nature that bring you joy.

Once you've created your list, choose one item that stands out to you the most. It could be something simple like watching a sunset or enjoying a favorite summer treat. Or it could be something that offers a sense of accomplishment, like spring cleaning your home or getting your garden ready for planting.

Take a few moments to reflect on why this particular aspect of springtime is meaningful to you. What memories or emotions does it evoke? How does it contribute to your overall sense of well-being and happiness?

Write a short reflection about your chosen aspect of springtime. Describe why it brings you joy, how it makes you feel, and any special memories associated with it.

WHAT I ENJOY MOST ABOUT SPRINGTIME

WHAT CHALLENGES ME IN THE SPRINGTIME?

As spring arrives, we often feel more energized after the quiet winter months. But with this burst of energy comes a long list of things to do that can feel like a lot. There's spring cleaning, taking care of the yard, and juggling family activities like sports and clubs.

As we think about what we want to get done this spring, it's good to think about the challenges we might face. By planning ahead and staying organized, we can handle tasks better and not feel overwhelmed. Whether it's making a plan for chores or figuring out everyone's schedules, being prepared helps us stay on track and enjoy the season.

What do you think might be some tricky parts of spring for you, based on what you've experienced before?

MARCH

S	M	Т	W	Т	F	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
			Ostara			
24	25	26	27	28	29	30
31						

The Spring Equinox happens at $\,$ 3:06 UTC on March 20, 2024 (10:06 p.m. CDT on March 19)

Monthly Priorities	Notes
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THE SEASON OF OSTARA

Ostara marks the beginning of spring, a season of rejuvenation when nature awakens from its winter slumber. It symbolizes fresh starts and new beginnings. With lengthening days and warming temperatures, we witness the blooming of flowers and the return of vibrant colors to the world.

Celebrating balance, Ostara coincides with the equinox, where day and night are of equal length. People commemorate this time by sowing seeds and getting ready for the approaching warmer days.

Whether you choose to gather outdoors if the weather permits or create a cozy indoor space adorned with flowers, eggs, and young plants, you can honor the occasion. Engage in activities like egg decoration and seed planting to embrace the essence of growth and revival.

Aligning Ostara celebrations with a springtime theme involves embracing the essence of renewal and growth that defines the season. It's about recognizing the interconnectedness between nature's awakening and our own spiritual renewal, as we honor the equinox and the balance it brings to light and dark.

Through activities like egg decorating, planting seeds, and enjoying outdoor gatherings, we symbolically participate in the rhythms of nature, embracing the promise of warmer days and the abundance of new beginnings.

THE SEASON OF OSTARA

Here are some simple activities for your Ostara celebration:

Egg Decorating: Gather some eggs and get creative with paint, markers, or natural dyes to decorate them in vibrant colors and patterns.

Planting Seeds: Take advantage of the season of growth by planting seeds in your garden or in pots indoors. Watch them sprout and grow as spring progresses.

Nature Walk: Take a walk outdoors and observe the signs of spring, such as budding trees, chirping birds, and blooming flowers. Collect some natural treasures like leaves or flowers to bring home.

Spring Cleaning: Join in the tradition of spring cleaning by tidying up your living space. Sweep away the dust, declutter, and freshen up your surroundings to welcome the new season.

Picnic: Enjoy a picnic outdoors with family or friends, soaking up the sunshine and relishing the sights and sounds of nature awakening.

Create a Nature Altar: Build a small altar or display using natural items like flowers, stones, and branches to honor the Earth's renewal and the changing of the seasons.

Bake Spring Treats: Get into the spirit of Ostara by baking spring-themed treats like cookies or cupcakes decorated with flowers or pastel colors.

Crafting Rituals: Make simple crafts or art projects inspired by spring, such as paper flowers, bird feeders, or sun catchers, to celebrate the beauty of the season.



OSTARA CELEBRATION PLANNER

Celebration Ideas		
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Notes		

APRIL

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	1	2	3	4	5	6
7	8 Total Solar Eclipse	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

On April 8, 2024, a total solar eclipse will cross North America, passing over Mexico, United States, and Canada

Monthly Priorities	Notes
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SPRING CLEAN YOUR LIFE

HOME & GARDEN CLEANING

KITCHEN	BATHROOMS
☐ Go through pantry items and toss expired item. ☐ Wipe down countertops & kitchen appliances. ☐ Sweep or vacuum & wash kitchen floor. ☐ Take out the trash. ☐ Empty refrigerator and toss expired items. ☐ Discard mismatched or broken items	Clean and disinfect the toilet, sink, & shower/tub Wipe down bathroom surfaces. Replace used towels with clean ones. Empty bathroom trash Clean out drawers and medicine cabinets & discard expired or unused items
LIVING ROOM	BEDROOMS
 Dust surfaces like shelves, tables, and consoles Vacuum or sweep the floors Pick up and put away clutter Wash baseboards Vacuum sofa cushions & spot clean as needed 	 Change bed linens and pillowcases. Dust and wipe down bedroom furniture Vacuum or sweep bedroom floors Vacuum and clean under the bed Rotate and flip mattresses
DEEP CLEANING	OUTDOOR AREAS
 Clean windows inside and out. Clean and organize closets. Wash walls and touch up paint if necessary Check and clean air vents and filters Clean and vacuum curtains or blinds 	 Clean gutters Power wash decks or patios. Clean outdoor furniture. Clean outdoor windows and screens. Inspect for any cracks or damage. Trim and prune plants and bushes.

SPRING CLEAN YOUR LIFE

DIGITAL CLEANING

EMAIL CLEAN UP	CLEAN UP
 Unsubscribe from unnecessary mailing lists. Create folders or labels to organize emails. Delete old and irrelevant emails. Set up filters to automatically sort incoming emails. 	 Unfollow accounts that no longer interest you. Review and update privacy settings. Save uploaded from phone to cloud storage Limit third-party app permissions.
DRIVE MANAGEMENT	DIGITAL DOCUMENT ORGANIZATION
 Delete unnecessary files and folders. Organize files into folders and subfolders. Use a disk cleanup tool to free up space. Backup important files to an external storage device or cloud service. 	 Rename files with clear and descriptive names. Sort documents into folders based on topic/project. Delete outdated or irrelevant documents. Use document management software to streamline organization.
PHOTO ORGANIZATION	PASSWORD
Rename photos with meaningful names.	MANAGEMENT
Delete duplicate or similar photos. Organize photos into folders by date or event. Backup photos to a cloud storage service or external hard drive	 Update passwords for important accounts. Use a password manager to securely store and generate passwords. Delete old or unused accounts. Enable two-factor authentication for added security.

MAY

S	M	T	W	Т	F	S
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
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Monthly Priorities	Notes	
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THE SEASON OF BELTANE

Beltane marks the midpoint of spring, a time when everything is bursting with life and light. Nature is growing everywhere, with flowers blooming and everything turning green. It's a time to celebrate love and connection, with people coming together to dance around maypoles and light bonfires to celebrate the warm weather and sunshine.

You can celebrate Beltane outside in nature if the weather's nice, or you can make a cozy space indoors with flowers and candles to mark the occasion. Try fun activities like making flower crowns, enjoying a small fires for good luck, and having special meals with your family and friends to enjoy the energy and excitement of the season.

Aligning Beltane celebrations with a springtime theme means embracing the feeling of new life and excitement that comes with the season. It's about understanding how nature is in full bloom and feeling that sense of growth within ourselves too. By doing things like making flower crowns, planting flowers, and having fun outside with friends and family, we're joining in with the joy of spring. It's all about celebrating the warm weather and the fresh start that Beltane brings.



THE SEASON OF BELTANE

Here are some simple activities for your Beltane celebration:

Maypole Dancing: Gather friends and family to dance around a maypole, wrapping colorful ribbons around it in a joyful celebration of spring and fertility.

Flower Crown Making: Get creative by making flower crowns using fresh flowers and greenery, symbolizing the beauty and abundance of the season.

Bonfire Lighting: Light a bonfire outdoors (safely!) and gather around it to enjoy the warmth and energy of the flames, while sharing stories and laughter with loved ones.

Outdoor Feast: Have a festive outdoor feast with seasonal foods like fruits, vegetables, and grilled dishes, celebrating the bounty of nature and the coming of warmer days.

Nature Walk and Offering: Take a walk in nature to appreciate the vibrant colors and fragrances of spring. Bring offerings such as flowers, herbs, or small tokens to leave as a gift to the earth.

Love Spell Jar Crafting: Create love spell jars using herbs, flowers, and other natural ingredients, focusing on intentions of love, passion, and connection during this romantic time of year.

Beltane Altar Decoration: Decorate a small altar with symbols of Beltane, such as flowers, ribbons, and candles, to honor the season's themes of fertility, love, and growth.

May Day Basket Making: Make May Day baskets filled with flowers or treats to give to friends, neighbors, or loved ones as a gesture of friendship and goodwill.



BELTANE CELEBRATION PLANNER

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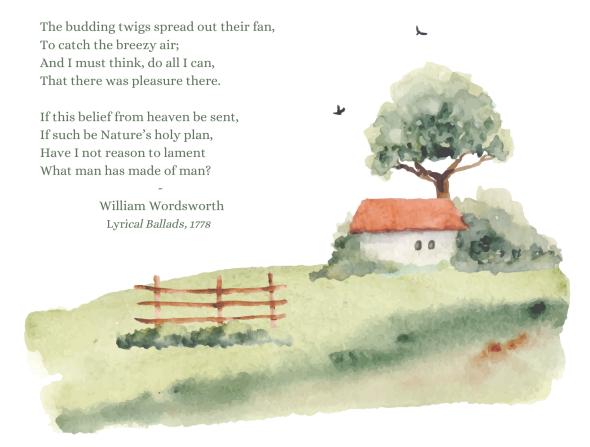
Lines Written in Early Spring

I heard a thousand blended notes, While in a grove I sate reclined, In that sweet mood when pleasant thoughts Bring sad thoughts to the mind.

To her fair works did Nature link The human soul that through me ran; And much it grieved my heart to think What man has made of man.

Through primrose tufts, in that green bower, The periwinkle trailed its wreaths; And 'tis my faith that every flower Enjoys the air it breathes.

The birds around me hopped and played, Their thoughts I cannot measure:— But the least motion which they made It seemed a thrill of pleasure.



NOTES



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Lines Written in Early Spring by William Wordsworth, provided via The Poetry Foundation

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**In the process of creating this printable, I utilized ChatGPT, a language model developed by OpenAI. ChatGPT provided assistance in generating content and refining ideas.